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1. I have developed a personal understanding of existence which helps me appreciate life fully.
2. The physical surrounding in which I live are very healthy.
3. Nothing interesting happens in my life.
4. I don’t have any influence on my surroundings.
5. I am of no value in the eyes of society.
6. If I died today, I feel that absolutely no trace or influence of myself would remain.
7. I participate in the development of many others.
8. I feel that, in spite of my inevitable death, I will always be an integral part of the world.
9. I feel that I am doing what I want in my life.
10. I have certain values of beliefs that help me accept or rise above my mortal condition.
11. I have the feeling that human nature is doomed to destruction.
12. Intimate relationships scare me.
13. Once I’ve decided to do something, I do it with sustained interest.
14. I often feel very lonely.
15. The eventuality of my death contributes towards giving meaning and structure to my life.
16. My sex life contributes greatly to my well-being.
17. I have difficulty undertaking new things.
18. I feel comfortable in my body.
19. My love life brings me little joy.
20. I feel competent in what I do.
21. If I died today, I have the feeling that I would live on in certain people I would leave behind.
22. I am full of energy and vitality.
23. I am not sure of who I am.
24. I am satisfied with my life so far.
25. I have good contact with others.
26. I feel that I do not use my time well.

Draft Questions.

Strongly Disagree, Slightly Disagree, Neutral, Slightly Agree, Strongly Agree

1. I believe I will be remembered for a long time after I die.
2. I have contributed to the world in a unique way.
3. I have contributed to causes that will impact the future.
4. I feel I have taken part in something bigger than myself.
5. I am proud of my accomplishments.
6. I am confident in the legacy I will leave when I die.
7. I believe others will have a positive view of me after I die.
8. Parts of my personality have rubbed off on other people.
9. Through my interaction with them, others have picked up parts of my personality.
10. Parts of my personality, such as my sense of humor
11. People who do not know me are impacted by my life.
12. When I physically die, other parts of me will live on.
13. I believe I will live on in the afterlife.
14. I believe I will be reincarnated.
15. Through my actions, I have changed the world.
16. I have taken part in organizations which impact the future.
17. I have taken part in activities which will impact the future.
18. My spirit or soul will live on after I physically die.
19. Death will not be the end of me.
20. I am comforted by knowing my loved ones will live on after me.
21. I have imparted knowledge and skills on to others.
22. Others would say I have impacted their lives.
23. I have lived a life which will be looked at with approval.
24. I can be proud of the life I have lived.
25. I have lived a life exemplifying timeless virtues such as freedom and love.
26. I have created things which will last a long time.
27. I have cared for people and things which will last a long time.
28. I have already accomplished what I want to in life.
29. I have children or students which take after me.
30. I believe the effects of my life will continue.
31. My life has influenced the world.
32. My life has influenced the world in a unique way.
33. Life is long enough for me to do what I find meaningful.
34. The most important parts of me are immaterial and lasting.
35. The ideologies I believe in such as my religion, philosophies or politics
36. There are many things I can do to leave my mark on the world.
37. I have influenced the future more than most people.
38. Parts of me are immortal.
39. I am afraid I will die without doing something worthwhile.
40. Once I am gone, my life will have not made a difference in the world.
41. There is nothing I can do to make an impact on the world.